

Hyannis West Lunch Menu

October, 2017


2 Egg & Cheese
Baked Ham Slices
On English Muffin
Tater Tots
100 % Orange Juice
Turkey & Cheese Sub
Ranch Chicken Salad

3 Corn Dog
W/Dipping Sauce
Potato Wedges
Baked Beans
Celery Sticks
Diced Peas
Turkey & Cheese Sub
Ranch Chicken Salad

4 Pasta Alfredo
Broccoli
Italian Flatbread
Romaine Side Salad
Peaches
Turkey & Cheese Sub
Ranch Chicken Salad

5 Pepperoni or
Cheese Pizza
Carrot Sticks
Penne Pasta Salad
Pineapple Tidbits
Turkey & Cheese Sub
Ranch Chicken Salad

6 **NO SCHOOL**


9 **NO SCHOOL**

Columbus Day

10 Hot Dog
On a Bun
Baked Beans
Potato Puffs
Fruit Cocktail
Tuna Fish Sub
Cobb Salad

11 Cheesy
Baked Penne
Steamed Carrots
Side Salad
Breadstick
Diced Peaches
Tuna Fish Sub
Cobb Salad

12 Chicken & Cheese
Nachos
Black Bean Charro
Sour Cream & Salsa
Mexicali Rice
Pineapple Tidbits
Tuna Fish Sub
Cobb Salad

13 Pepperoni or
Cheese Pizza
Seasoned Broccoli
Cucumber Coins
W/Ranch Dressing
Mandarin Oranges
Tuna Fish Sub
Cobb Salad

16 French
Toast Sticks
W/Maple Syrup
Tater Tots
Sausage Patty
Warm Cinnamon Apples
Ham & Cheese Sandwich
Baja Chicken Salad

17 Burger Bar
Cheese, Lettuce
& Tomato Slices
Potato Wedges
Seasoned Kidney Beans
Fruit Cocktail
Ham & Cheese Sandwich
Baja Chicken Salad

18 Mac & Cheese
Seasoned Peas
Dinner Roll
Tomato Wedges
Fresh Banana
Ham & Cheese Sandwich
Baja Chicken Salad

19 Chicken Pot Pie
Celery, Peas & Carrots
Buttermilk Biscuit
Romaine Garden Salad
Applesauce
Ham & Cheese Sandwich
Baja Chicken Salad

20 Hawaiian or
Cheese Pizza
Cheese Stick
Broccoli & Celery Sticks
W/Ranch Dressing
Sun Maid Raisins
Ham & Cheese Sandwich
Baja Chicken Salad

23 Egg & Cheese
Baked Ham Slices On
English Muffin
Tater Tots
100 % Orange Juice
Bologna Sandwich
Chicken Caesar Salad

24 Chicken Tenders
W/Dipping Sauces
Mashed Potatoes
Sugar Snap Peas
Grape Tomatoes
Pineapple Tidbits
Bologna Sandwich
Chicken Caesar Salad

25 **LUCKY TRAY DAY**
American Chop Suey
Seasoned Green Beans
Italian Flatbread
Romaine Caesar Salad
Fresh Banana
Bologna Sandwich
Chicken Caesar Salad

26 Roasted Turkey
Stuffing, Gravy &
Cranberry Sauce
Roasted Broccoli
Dinner Roll
Cinnamon Applesauce
Bologna Sandwich
Chicken Caesar Salad

27 Buffalo Chicken
Or Cheese Pizza
Cheese Stick
Snack Carrots
Chic Pea Salad
Raisins
Bologna Sandwich
Chicken Caesar Salad

30 French
Toast Sticks
W/Maple Syrup
Tater Tots
Sausage Patty
Warm Cinnamon Apples
Italian Sub
Fruit & Cheese Salad

31 **HALLOWEEN**
Fish Sticks
Baked Fries
Roasted Carrots
Confetti Cole Slaw
Sliced Peas
Italian Sub
Fruit & Cheese Salad

Reminder:

If you have not already done so please complete an application for Free/Reduced Lunch for 2017/18 school year.

Breakfast Prices.....Students \$1.50
Reduced .30
Adults \$1.50
Lunch Prices.....Students \$2.65
Reduced .40
Adults \$3.75

Menus are subject to change without notice
This institute is an equal opportunity provider

Sides Offered Daily.....

Students may choose One Entrée and Two Sides
1% White, RF Chocolate & Skim Milk

Questions and Concerns:

Please contact the Foodservice Office @ 508-778-0563
David Badot Director