

Intermediate Lunch Menu

October, 2017


2 French
Toast Sticks
W/Maple Syrup
Tater Tots
Sausage Patty
Warm Cinnamon Apples
Sausage Pizza

3 Fish Sticks
Baked Fries
Roasted Carrots
Confetti Cole Slaw
Sliced Pears
Sausage Pizza

4 Spaghetti
& Meatballs
Seasoned Green Beans
Cheesy Garlic Bread
Romaine Side Salad
Orange Wedges
Sausage Pizza

5 BBQ Chicken
Mashed Potatoes
Baked Beans
Steamed Broccoli
Cornbread
Seedless Grapes
Sausage Pizza

6 NO SCHOOL


9 NO SCHOOL

Columbus Day

10 Cheesy Ham
& Egg English Panini
Tater Tots
100% Orange Juice
Celery Sticks
Warm Cinnamon Apples
Meatball Pizza

11 Cheesy
Baked Penne
Steamed Carrots
Romaine Side Salad
Breadstick
Diced Peaches
Meatball Pizza

12 Chicken & Cheese
Quesidilla
Black Bean Charro
Sour Cream & Salsa
Mexicali Rice
Pineapple Tidbits
Meatball Pizza

13 Popcorn
Chicken Bowl
Mashed Potatoes
Seasoned Corn
Dinner Roll
Mandarin Oranges
Meatball Pizza

16 French
Toast Sticks
W/Maple Syrup
Tater Tots
Sausage Patty
Warm Cinnamon Apples
Buffalo Pizza

17 Orange Popcorn
Chicken W/Broccoli
Oriental Rice
Dinner Roll
Pineapple Tidbits
Buffalo Pizza

18 Mac & Cheese
Seasoned Peas
Dinner Roll
Tossed Salad
Fresh Banana
Buffalo Pizza

19 Chicken Pot Pie
Celery, Peas &
Carrots
Buttermilk Biscuit
Romaine Garden Salad
Diced Peaches
Buffalo Pizza

20 Cheddar Cheese
& Turkey Panini
Potato Wedges
Carrot Sticks
Pinto Beans
Blueberries/Topping
Buffalo Pizza

23 Cheesy Ham
& Egg English Panini
Tater Tots
100% Orange Juice
Celery Sticks
Warm Cinnamon Apple
Hawaiian Pizza

24 Chicken Tenders
W/Dipping Sauces
Mashed Potatoes
Broccoli
Grape Tomatoes
Pineapple Tidbits
Hawaiian Pizza

25 American Chop Suey
Seasoned Green
Beans
Italian Flatbread
Romaine Caesar Salad
Fresh Banana
Hawaiian Pizza

26 Roasted Turkey
Stuffing, Gravy &
Cranberry Sauce
Roasted Zucchini
Dinner Roll
Cinnamon Applesauce
Hawaiian Pizza

27 Corn Dog
W/Dipping Sauce
Potato Wedges
Baked Beans
Celery Sticks
Diced Pears
Hawaiian Pizza

30 French
Toast Sticks
W/Maple Syrup
Tater Tots
Sausage Patty
Warm Cinnamon Apples
BBQ Chicken Pizza

31 HALLOWEEN
Grilled Cheese Sandwich
Tomato Soup
French Fries
Cucumber W/Dressing
Fresh Banana
BBQ Chicken Pizza

Salads
Week 1 Chicken Ranch
Week 2 Cobb Salad
Week 3 Baja Chicken
Week 4 Chef Salad
Week 5 Fruit & Cheese

Reminder:
If you have not already done so please complete an application for Free/Reduced Lunch for 2017/18 school year.

Breakfast Prices.....Students \$1.50
Reduced .30
Adults \$1.50
Lunch Prices.....Students \$3.00
Reduced .40
Adults \$3.75

Menus are subject to change without notice
This institute is an equal opportunity provider

Sides Offered Daily.....
Students may choose One Entrée and Two Sides
1% White, RF Chocolate & Skim Milk

Questions and Concerns:
Please contact the Foodservice Office @ 508-778-0563
David Badot Director