

# High School Lunch Menu

## October, 2017


**2** French  
Toast Sticks  
W/Maple Syrup  
Tater Tots  
Sausage Patty  
Warm Cinnamon Apples  
Sausage Pizza

**3** Fish Sticks  
Baked Fries  
Roasted Carrots  
Confetti Cole Slaw  
Sliced Pears  
Sausage Pizza

**4** Spaghetti  
& Meatballs  
Seasoned Green Beans  
Cheesy Garlic Bread  
Romaine Side Salad  
Orange Wedges  
Sausage Pizza

**5** BBQ Chicken  
Mashed Potatoes  
Baked Beans  
Steamed Broccoli  
Cornbread  
Seedless Grapes  
Sausage Pizza

**6** NO SCHOOL  


**9** NO SCHOOL  
  
**Columbus Day**

**10** Cheesy Ham  
& Egg English Panini  
Tater Tots  
100% Orange Juice  
Celery Sticks  
Warm Cinnamon Apples  
Meatball Pizza

**11** Cheesy  
Baked Penne  
Steamed Carrots  
Romaine Side Salad  
Breadstick  
Diced Peaches  
Meatball Pizza

**12** Chicken & Cheese  
Quesidilla  
Black Bean Charro  
Sour Cream & Salsa  
Mexicali Rice  
Pineapple Tidbits  
Meatball Pizza

**13** Popcorn  
Chicken Bowl  
Mashed Potatoes  
Seasoned Corn  
Dinner Roll  
Mandarin Oranges  
Meatball Pizza

**16** French  
Toast Sticks  
W/Maple Syrup  
Tater Tots  
Sausage Patty  
Warm Cinnamon Apples  
Buffalo Pizza

**17** Orange Popcorn  
Chicken W/Broccoli  
Oriental Rice  
Dinner Roll  
Pineapple Tidbits  
Buffalo Pizza

**18** Mac & Cheese  
Seasoned Peas  
Dinner Roll  
Tossed Salad  
Fresh Banana  
Buffalo Pizza

**19** Chicken Pot Pie  
Celery, Peas &  
Carrots  
Buttermilk Biscuit  
Romaine Garden Salad  
Diced Peaches  
Buffalo Pizza

**20** Cheddar Cheese  
& Turkey Panini  
Potato Wedges  
Carrot Sticks  
Pinto Beans  
Blueberries/Topping  
Buffalo Pizza

**23** Cheesy Ham  
& Egg English Panini  
Tater Tots  
100% Orange Juice  
Celery Sticks  
Warm Cinnamon Apple  
Hawaiian Pizza

**24** Chicken Tenders  
W/Dipping Sauces  
Mashed Potatoes  
Broccoli  
Grape Tomatoes  
Pineapple Tidbits  
Hawaiian Pizza

**25** American Chop Suey  
Seasoned Green  
Beans  
Italian Flatbread  
Romaine Caesar Salad  
Fresh Banana  
Hawaiian Pizza

**26** Roasted Turkey  
Stuffing, Gravy &  
Cranberry Sauce  
Roasted Zucchini  
Dinner Roll  
Cinnamon Applesauce  
Hawaiian Pizza

**27** Corn Dog  
W/Dipping Sauce  
Potato Wedges  
Baked Beans  
Celery Sticks  
Diced Pears  
Hawaiian Pizza

**30** French  
Toast Sticks  
W/Maple Syrup  
Tater Tots  
Sausage Patty  
Warm Cinnamon Apples  
BBQ Chicken Pizza

**31** HALLOWEEN  
Grilled Cheese Sandwich  
Tomato Soup  
French Fries  
Cucumber W/Dressing  
Fresh Banana  
BBQ Chicken Pizza

**Reminder:**  
**If you have not already done so please complete an application for Free/Reduced Lunch for 2017/18 school year.**

Breakfast Prices.....Students \$1.50  
Reduced .30  
Adults \$1.50  
Lunch Prices.....Students \$3.00  
Reduced .40  
Adults \$3.75

Menus are subject to change without notice  
This institute is an equal opportunity provider

Sides Offered Daily.....  
Students may choose One Entrée and Two Sides  
1% White, RF Chocolate & Skim Milk

Questions and Concerns:  
Please contact the Foodservice Office @ 508-778-0563  
David Badot Director

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