

United Lunch Menu

January, 2018



2 French Toast Sticks
W/Maple Syrup
Tater Tots
Egg Patty
Warm Cinnamon Apples
Tuna Fish Sub
Fruit & Salad Bar

3 LUCKY TRAY DAY
American Chop Suey
Steamed Broccoli
Italian Flatbread
Romaine Caesar Salad
Diced Pears
Tuna Fish Sub
Fruit & Salad Bar

4 Grill Cheese
Tomato Soup
Sweet Potato Fries
Black Bean & Corn Salad
Applesauce
Tuna Fish Sub
Fruit & Salad Bar

5 Cheese or
Buffalo Chicken Pizza
Carrot sticks
Celery Sticks
Raisins
Strawberries w/topping
Tuna Fish Sub
Fruit & Salad Bar

8 French Toast Sticks
Egg Pattie
Tatar Tots
Maple Syrup
Warm Cinnamon Apples
Italian Sub
Fruit & Salad Bar

9 BBQ Pulled Pork
Mashed Potatoes
Broccoli
Dinner Roll
Banana
Italian Sub
Fruit & Salad Bar

10 
Serving Breakfast Only

11 Beef & Cheese
Nachos
(Lettuce, Tomatoes & Salsa)
Black Charro Beans
Mexicali Rice
Pears
Italian Sub
Fruit & Salad Bar

12 Pepperoni or
Cheese Pizza
Snack Carrots
Celery sticks
Applesauce Cups
Italian Sub
Fruit & Bar Salad

15 No School


16 BBQ Chicken
Mashed Potatoes
Corn
BBQ Black Beans
Dinner Roll
Fruit Cocktail
Turkey & Cheese Sub
Fruit & Salad Bar

17 Cheesy
Baked Penne
Seasoned Green Beans
Italian Flatbread
Garden Chopped Salad
Strawberries w/topping
Turkey & Cheese Sub
Fruit & Salad Bar

18 Fish Sticks
Potato Wedges
Seasoned Corn
Confetti Cole Slaw
Applesauce
Turkey & Cheese Sub
Fruit & Salad Bar

19 Cheese or
Sausage Pizza
Baby Carrots
Romaine Side Salad
Blueberries w/topping
Turkey & Cheese Sub
Fruit & Salad Bar

22 French Toast Sticks
Egg Pattie
Tatar Tots
Maple Syrup
Warm Cinnamon Apples
Ham & Cheese Sandwich
Fruit & Salad Bar

23 Turkey & Gravy
Mashed Potatoes
Corn
Dinner Roll
Grape Tomatoes
Strawberries w/topping
Ham & Cheese Sandwich
Fruit & Salad Bar

24 Spaghetti
& Meatballs
Seasoned Green Beans
Italian Flatbread
Romaine Side Salad
Fruit Cocktail
Ham & Cheese Sandwich
Fruit & Salad Bar

25 Fajita Chicken
Brown Rice
Mexican Corn
BBQ Black Beans
Applesauce
Ham & Cheese Sandwich
Fruit & Salad Bar

26 Cheese or
Hawaiian Pizza
Black Bean Salad
Snack Carrots
W/Ranch Dressing
Blueberries w/topping
Ham & Cheese Sandwich
Fruit & Salad Bar

29 French Toast Sticks
W/Maple Syrup
Tater Tots
Egg Patty
Warm Cinnamon Apples
Bologna & Cheese Sandwich
Fruit & Salad Bar

30 Country Chicken
Nugget Bowl
Mashed Potato,
Corn & Gravy
Dinner Roll
Strawberry Cups
Bologna & Cheese Sandwich
Fruit & Salad Bar

31 Mac & Cheese
Seasoned Peas
Dinner Roll
Tomato Wedges
Blueberries w/topping
Bologna & Cheese Sandwich
Fruit & Salad Bar

32 Fresh Apples
Oranges
Offered Daily



Breakfast Prices.....Students \$1.50
Reduced .30
Adults \$1.50
Lunch Prices.....Students \$2.65
Reduced .40
Adults \$3.75

Menus are subject to change without notice
This institute is an equal opportunity provider

Sides Offered Daily.....
Students may choose One Entrée and Two Sides
1% White, RF Chocolate & Skim Milk

Questions and Concerns:
Please contact the Foodservice Office @ 508-778-0563
David Badot Director