

Intermediate Lunch Menu

February 2018

NOW HIRING

JOIN OUR TEAM

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1 BBQ Pulled Pork on a Roll
Sweet potato Fries
Vegetarian Baked Beans
Steamed Cauliflower
Sliced Pears

2 Southwest Cheddar Cheese & Turkey Panini
Potato Wedges
Zucchini Sticks
Blueberries
W/Topping

5 Fuel Promo
Spicy Thai Chicken Bowl W/Rice
Seasoned Carrots
Strawberries
W/Topping

6 Egg & Cheese On a Biscuit
Tater Tots
Baked Beans
Warm Cinnamon Apples

7 Cheesy Baked Penne
Seasoned Green Beans
Italian Flatbread
Garden Salad
Pears

8 Roasted Chicken
Mashed Potatoes
Steamed Broccoli
Dinner Roll
Fruit Cocktail

9 Fajita Chicken W/Green Peppers and Onions
Brown Rice
Blueberries
W/Topping

12 Fuel Promo
Chicken & Hummus Salad
Spicy Fries
Steamed Broccoli
Pears

13 Egg & Cheese On a Biscuit
Tater Tots
Baked Beans
Warm Cinnamon Apples



15 Fish Sticks
Potato Wedges
Seasoned Corn
Dinner Roll
Confetti Cole Slaw
Applesauce

16 Cheddar Cheese & Turkey Panini
Baked Fries
Steamed Carrots
Romaine Side Salad
Blueberries
W/topping



Winter Vacation



26 Egg & Cheese On a Biscuit
Tater Tots
Baked Beans
Warm Cinnamon Apples

27 Grilled Cheese
Tomato Soup
French Fries
Cucumber Coins
W/Ranch Dressing
Peaches

28 Penne Pasta
Meat Sauce
Romaine Side Salad
Seasoned Carrots
Cheesy Garlic Bread
Diced Pears

2/1 ~ 2/2
Buffalo Chicken Pizza
2/5 ~ 2/9
Veggie Pizza
2/12 ~ 2/16
Sausage Pizza
Cheeseburger Pizza
2/26 ~ 2/28
BBQ Chicken Pizza

2/1 ~ 2/2
Fruit & Cheese Plate
2/5 ~ 2/9
Tuna Salad
2/12 ~ 2/16
Taco Salad
2/26 ~ 2/28
Chicken Caesar Salad

Breakfast Prices.....Students \$1.50
Reduced .30
Adults \$1.50
Lunch Prices.....Students \$2.65
Reduced .40
Adults \$3.75

Menus are subject to change without notice
This institute is an equal opportunity provider

Sides Offered Daily.....
Students may choose One Entrée and Two Sides
1% White, RF Chocolate & Skim Milk

Questions and Concerns:
Please contact the Foodservice Office @ 508-778-0563
David Badot Director